

**APS TRACK AND FIELD  
ALBUQUERQUE METRO CHAMPIONSHIPS  
2013**

**MINIMUM MARKING DISTANCES  
75% OF 5A STATE QUALIFYING MARK**

	<b>BOYS</b>	<b>GIRLS</b>
<b>SHOT PUT</b>	<b>36'6"</b>	<b>25'6"</b>
<b>DISCUS</b>	<b>103'6"</b>	<b>81'6"</b>
<b>LONG JUMP</b>	<b>16'0"</b>	<b>12'6"</b>
<b>TRIPLE JUMP</b>	<b>32'6"</b>	<b>25'0"</b>
<b>JAVELIN</b>	<b>120'0"</b>	<b>80'6"</b>