**RICHARD HARPER MEMORIAL TRACK MEET**

**(BOYS & GIRLS)**

Dear Coach:

We are pleased that your teams plan to participate in the Richard Harper Memorial Track Meet scheduled for April 26 and 27, 2013. The meet will include both boys and girls divisions to be held at Albuquerque Academy.

Enclosed you will find information concerning the meet, time schedule for events.

**Entries are due through directathletics.com no later than Thursday, April 25, 2013 by 12:00 noon. No late entries will be accepted. Please remember that entries are final – you may only scratch athletes – NO CHANGES/ADDS.**

\*NOTE: Please remind your teams to use the outside restroom facilities. The gym is closed.

If there are any questions concerning the meet, please feel free to e-mail me at taryn.bachis@aa.edu or call me at 828‑3340. We are looking forward to seeing you on April 26 and 27, 2013.

Sincerely,

Taryn Bachis

Athletic Director

**Teams Attending:**

Albuquerque Academy La Cueva Sandia Prep

Albuquerque High Los Alamos Santa Fe

Atrisco Heritage A. Los Lunas Valencia

Captial Piedra Vista Valley

Cibola Rio Grand Volcano Vista

Cleveland (B) Rio Rancho West Mesa

Eldorado Sandia

Highland

**RICHARD A. HARPER MEMORIAL TRACK MEET**

 **Friday, April 26th – 9:30am Coaches may make scratches & pick up the Field Event Flight Info in the East Campus Gym Wrestling Room. All scratches need to be made at this time to expedite meet.** (**Field Events Scratch at the site)**

**RUNNING EVENTS:** ALL RUNNING EVENTS WILL BE METRIC DISTANCES.

**INDIVIDUAL EVENTS:** **Entry limit:** Three (3) entries per school in individual events.The 100 meter, 200

meter, 400 meter, 100 meter hurdles (girls), 110 meter hurdles (boys), 200 meter and 300 meter intermediate hurdles will qualify the top 8 from the heats to the finals. Heats seeded according to time submitted. The 800, l600, and 3200 meter runs will be finals only.

 Heat seeding will be used for all timed finals (fastest times in the last heat). Timed finals will be for the following events: 800 meter run, l600 meter run, and 3200-meter run.

**RELAYS:** 400 Meter, 800 Meter, 1600 Meter, and 1600-meter medley. One relay team per school in relay events. Heats seeded according to times. Last heat will be the fast heat. Places based on times of all heats.

**All relay and runway markings must be done with tennis balls or athletic tape.**

**NO DUCT TAPE allowed on the track.**

**FULLY AUTOMATIC TIMING:** This will be a FAT event. Teams may use the 0.3 allowance set by NMAA rules.

**FIELD EVENTS:** Shot Put, discus, javelin, long jump, triple jump, high jump, and pole vault

 Starting height in pole vault –Boys- 10'0". Girls- 7’6” (all qualifying heights will be contested)

 Starting height in high jump ‑ (boys) 5'4"; (girls) 4'6". (Please do not enter athletes who have not

 cleared opening heights. We would like to keep this varsity only athletes.)

 Adjustments will be made before the meet if needed.

 Each contestant will be given 3 attempts. Top 8 will qualify to the finals.

 The best distances of the 6 attempts will determine the final position/place.

 **Note:** Minimum measurements for the throwing event are posted on event lines.

**TRACK SURFACE/RUNWAYS:** All-weather track surface, runways for pole vaults and long jump, and high jump takeoff. Flats, 1/4" or pin spikes required. (No long spikes, please). Concrete discus and shot-put rings, grass javelin surface.

**TIME SCHEDULE OF EVENTS:** Attached.

**COACHES:** 1. Please note that warm up periods have been provided before each field event. Please inform your participants that no warm ups will be allowed after the start of competition in the event.

 2. Starting blocks will be provided for all competitors.

 3. Scoring: Individual Events: 7‑5‑4‑3‑2‑1

 Relays: 10‑8‑6‑4‑2‑1

 4. Lane Assignments: Curve: 2‑3‑4‑5‑6‑7‑8‑9‑1

 Straights: 5‑4‑6‑3‑7‑2‑8‑1‑9

 5. The discus, shot, and javelin will be held at the Upper & Lower Soccer Fields, just northwest of the track.

**PROTEST:**  In case of a mechanical or rule question, a **WRITTEN PROTEST** must be given to the Meet Referee to be acted on. In the case of a judgment call no protest will be allowed.

 **Only Head Coaches’ may file a protest.**

**AWARDS:** Overall teams: l, 2, 3 place trophies

 Relays: lst place plaques

 Individual: l, 2, 3 place medals,

 4, 5 & 6 place ribbons

 The awards will be packaged and distributed at end of meet.

**RICHARD A. HARPER MEMORIAL TRACK MEET**

**April 26 & 27, 2013**

**TIME SCHEDULE Friday, April 26th**

**Friday, April 26th – 9:30am Coaches may make scratches & pick up the Field Event Flight Info in the East Campus Gym Wrestling Room. All scratches need to be made at this time to expedite meet.** (**Field Events Scratch at the site)**

 **9:30 AM Weigh‑In of Shot Put and Discus ‑ Upper Field West side of Library**

 **Scratch at the site for field events – NO ADDS**

**FIELD EVENTS:**

10:30 Girls: High Jump - **Starting height @ 4’6”**

10:30 Boys Triple Jump & Girls Triple Jump

10:30 Boys: Pole Vault – **Starting height @ 10’0”**

10:30 Girls Discus - **Minimum measurement distance is 90’0”**

10:30 Boys Shot Put – **Minimum measurement distance is 32’0”**

12:30 Boys High Jump – **Starting height @ 5’0”**

12:30 Girls Long Jump & Boys Long Jump

12:30 Girls Pole Vault – **Starting height @ 7’6”**

12:30 Girls Shot Put – **Minimum measurement distance is 25’0”**

12:30 Boys Discus - Minimum **measurement distance is 90’0”**

**RUNNING EVENTS:** Preliminaries ‑ eight fastest qualify to finals.

1:00 Girls 3200 Meter Run (Final)

1:30 Boys 3200 Meter Run (Final)

2:00 - 2:20 Open Track

2:30 Girls 400 Relay

2:40 Boys 400 Relay

2:50 Girls 800 Run (Final)

3:05 Boys 800 Run (Final)

3:30 Girls 100 Meter Hurdles

3:45 Boys 110 Meter Hurdles

4:00 Girls 100 Meter Dash

4:15 Boys 100 Meter Dash

4:40 Girls 400 Meter Dash

4:55 Boys 400 Meter Dash

5:20 Girls 300 Meter Hurdles

5:35 Boys 300 Meter Hurdles

5:55 Girls 200 Meter Dash

6:10 Boys 200 Meter Dash

**RICHARD A. HARPER MEMORIAL TRACK MEET**

**TIME SCHEDULE Saturday, April 27th ‑ All Events Finals**

**8:00‑8:15 Coaches Scratch Meeting ‑ East Campus Gym Wrestling Room –**

 **NO ADDS**

 **Field events Scratch at the Site – NO ADDS**

**8:30 Javelin Weigh‑In and warm‑up ‑ Lower Field/East of Campus Road**

9:00 Boys Javelin - **Minimum measurement distance is 110’0”**

10:30 Girls Javelin - **Minimum measurement distance is 80’0”**

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9:45 Girls 400 Meter Relay

9:50 Boys 400 Meter Relay

10:00 Girls 100 Meter Hurdles

10:10 Boys 110 Meter Hurdles

10:15 Girls 100 Meter Dash

10:20 Boys 100 Meter Dash

10:25 Girls 1600 Meter Run (Final)

10:40 Boys 1600 Meter Run (Final)

10:55 Girls 800 Meter Relay

11:05 Boys 800 Meter Relay

11:15 Girls 400 Meter Dash

11:20 Boys 400 Meter Dash

11:30 Girls 300 Meter Hurdles

11:35 Boys 300 Meter Hurdles

11:45 Girls 1600 Meter Medley Relay

12:00 Boys 1600 Meter Medley Relay

12:15 Girls 200 Meter Dash

12:20 Boys 200 Meter Dash

12:25 Girls 1600 Meter Relay

12:40 Boys 1600 Meter Relay

**TEAM AWARDS**