

***DISTRICT 1-AAAAA CHAMPIONSHIPS***  
***MAY 10<sup>TH</sup> AND 11<sup>TH</sup> 2019***

**To:** Head Track Coaches

**From:** Kenny Henry, Head Boys Track Coach, Cleveland High School  
Carla Chavez, Head Girls Track Coach, Cleveland High School

**Re:** District 1-AAAAA

**Entries:** Each team will be allowed to enter up to five (5) athletes in each event and one team per relay. All entries will be made on Directathletics.com. The meet registration will remain open until noon (12:00 pm) on Wednesday May 8, 2019.

Head Coaches will meet at 2:00 pm on the bottom floor of the field house.

The scratch meeting will be held Friday afternoon at 3:00 pm on the bottom floor of the Field house adjacent to the track. You may scratch and add athletes.

We look forward to seeing you and your team at our meet.

**Teams attending:**

Atrisco Heritage, Cibola, Cleveland, Rio Rancho, Volcano Vista

**General Information**

Inform your parents and supporters that we will be charging an entrance fee of \$3.00 for adults and \$2.00 for students. **PLEASE LET YOUR PARENTS/SUPPORTERS KNOW this ahead of time as we do not want our volunteers harassed the day of the meet.**

**Team camps will be in the aluminum bleacher area only. Athletes are not allowed in the chair back section. Please adhere to this.**

Only officials and contestants will be allowed on the track infield. There are plenty of gates located in the track area, please do not have your athletes jump any fences.

Scoring will be 7-5-4-3-2-1 for individuals  
10-8-6-4-2-1 for relays

Entries- 5 per event

Short spikes or flats will be required of all contestants. Starting blocks will be furnished.

The running surface, pole vault, long jump, and high jump are on an all-weather surface. Discus and shot put rings are concrete and the javelin approach is on grass.

Participants are requested NOT to wear spikes into the metal bleacher area.

The Cleveland High School administration and athletic department appreciates your participation in this meet.

DISTRICT 1-AAAAA CHAMPIONSHIPS  
MAY 10, 2019

Time Schedule

3:00 pm	Scratch meeting in the field house	
4:00 pm	Field Events Begin— 3 attempts, top 8 to finals	
	Girls Javelin	Boys Shot Put
	Girls High Jump	Boys Pole Vault
		Boys Triple Jump
5:00 pm	Girls Shot put	Boys Javelin
	Girls Triple Jump	

Rolling Schedule

4:00 pm	100 M Hurdles (g)
	110 M Hurdles (b)
	100 M Dash (g & b)
	400 M Dash (g & b)
	300 M Intermediate Hurdles (g & b)
	200 M Dash (g & b)
	3200 M Girls' <b>Final</b>
	3200 M Boys' <b>Final</b>

May 11, 2019

8:30 Scratch meeting

9:00 am Field events begin-3 attempts, top 8 to finals  
Girls Long Jump Boys High Jump  
Girls Discus  
Girls Pole Vault

10:00 am Boys Long Jump  
Boys Discus

(Girls Followed by Boys)

10:00 400 M Relay  
10:15 100 M Hurdles (G)  
10:20 110 M Hurdles (B)  
10:30 100 M  
10:40 1600 M  
10:55 800 M Relay  
11:10 400 M  
11:25 300 M Hurdles  
11:40 800 M  
11:55 1600 Medley Relay  
12:10 200 M Dash

20 minute break after the boys 200 finish

1600 M Relay

Kenny Henry – Head Boys Coach 505-264-8866 [kenny.henry@rrps.net](mailto:kenny.henry@rrps.net)

Carla Chavez- Head Girls Coach- 505-220-1198 [carla.chavez@rrps.net](mailto:carla.chavez@rrps.net)