

To: Head Track Coaches

From: Kenny Henry, Head Boys Track Coach, Cleveland High School

Tim Flores, Head Girls Track Coach, Cleveland High School

Re: Cleveland Invite, Saturday March 14, 2015

Entries: Each team will be allowed to enter up to three (3) athletes in each event. All entries will be made on Directathletics.com. The meet registration will remain open until midnight (12:00 pm) on Wednesday March 11, 2015.

The scratch meeting will be held Saturday at 8:00 am on the bottom floor of the Field house adjacent to the track. You may scratch athletes, but no athletes will be added.

We look forward to seeing you and your team at our meet.

Teams attending:

Cleveland, Albuquerque Academy, Albuquerque High, Atrisco Heritage, Cibola, Del Norte, Eldorado, Highland, La Cueva, Manzano, Rio Grande, Sandia, Valley, Volcano Vista, West Mesa, Los Alamos, Rio Rancho, Sandia Prep

General Information

Inform your parents and supporters that we will be charging an entrance fee of \$2.00. PLEASE LET YOUR PARENTS/SUPPORTERS KNOW this ahead of time as we do not want our volunteers harassed the day of the meet.

<u>Team camps will be in the aluminum bleacher area only. Athletes are not allowed in the chair back section.</u> Please adhere to this.

Only officials and contestants will be allowed on the track infield. There are plenty of gates located in the track area, please do not have your athletes jump any fences.

Scoring will be 7-5-4-3-2-1 for individuals 10-8-6-4-2-1 for relays

Entries- 3 per event



Short spikes or flats will be required of all contestants. Starting blocks will be furnished.

The running surface, pole vault, long jump, and high jump are on an all-weather surface. Discus and shot put rings are concrete and the javelin approach is on grass.

Participants are requested NOT to wear spikes into the metal bleacher area.

The Cleveland High School administration and athletic department appreciates your participation in this meet.

Due to the size of the meet and the number of competitors, we will be utilizing hog lines in the throwing events in an attempt to stay within the time schedule. Please see distances below.

Boys:

Shot Put: 38' Discus: 110" Javelin: 120'

Girls:

Shot Put: 25' Discus: 85' Javelin: 75'



CLEVELAND INVITE MARCH 14, 2015

Time Schedule

8:00 AM Scratch meeting in the field house

8:30 Field Events Begin— 4 ATTEMPTS NO FINALS

Girls Triple Jump
Girls Discus
Boys Shot Put
Girls High Jump
Boys Pole Vault
Boys Javelin

10:00 Girls Long Jump Boys Long Jump

Girls Shot Put Boys Discus
Girls Javelin Boys High Jump

Girls Pole Vault

Rolling Schedule

9:00 3200 Girls

4 X 1 Girls/Boys to follow

100 Hurdles girls 110 Hurdles Boys

100 Girls/Boys to follow

800 Girls 1600 Boys

4 x 200 Girls/Boys to follow 400 Girls/Boys to follow

300 Hurdles Girls/Boys to follow

800 Boys

Medley Relay Girls/Boys to follow 200 Dash Girls/Boys to follow

1600 Girls 3200 Boys

4 X 400 Girls/Boys to follow

Kenny Henry – Head Boys Coach 505-264-8866 <u>khenry@rrps.net</u> Tim Flores- Head Girls Coach 505-249-6944 <u>tflores@rrps.net</u>