

ALBUQUERQUE INVITATIONAL TRACK & FIELD MEET

Friday, March 30, 2018-Saturday, March 31, 2018

Participants

BOYS & GIRLS @ NUSENDA COMMUNITY STADIUM

Albuquerque Academy	Del Norte	Rio Grande	St. Pius X
Albuquerque	Eldorado	Rio Rancho-Girls	Valencia
Atrisco Heritage	Highland	Sandia	Valley
Bosque School	La Cueva	Sandia Prep	Volcano Vista
Cibola	Manzano	Santa Fe	West Mesa

Entries

Submit entries through Direct Athletics, www.directathletics.com, by 9:00am the day prior to meet.

Format

Seeding of heats will be serpentine, top 8 times qualify to finals in the 400m Relay, 100m/110m Hurdles, 100m Dash, 400m Dash, 300m Hurdles and 200m Dash. Seeding of heats will be slowest to fastest, timed finals in the 3200m Run, 1600m Run, 800m Relay, 1600m Medley Relay and 1600m Relay.

Lane assignments Curved races: 3-4-5-6-7-8-2-1 Straight races: 4-5-3-6-2-7-1-8

Field events will be 3 preliminary trials/top 8 qualify for finals with 3 additional trials; the groups will be flighted lowest entry mark to highest entry mark. If no mark is given the participant will be placed before the lowest entry mark.

Girls Shot Put, Boys Javelin, and Boys/Girls Discus will be flighted ABCD. Boys Shot Put and Girls Javelin will be flighted DCBA. Boys/Girls Long Jump, Boys/Girls Triple Jump, Boys/Girls Pole Vault and Boys/Girls High Jump will be OPEN PIT.

Time Schedule

Order of Events

Friday, March 30, 2018

3:45pm _____ Field Judge Meeting
 4:00pm _____ Equipment Weigh-In
 4:00pm _____ Scratch Meeting
 4:20pm _____ Coaches Meeting
 4:45pm _____ Running Official Meeting

FIELD EVENTS

4:45pm—6:45pm _____ Boys Shot Put
 4:45pm—6:45pm _____ Girls High Jump
 4:45pm—6:45pm _____ Girls Javelin
 4:45pm—6:45pm _____ Girls Long Jump
 4:45pm—7:15pm _____ Boys Pole Vault
 7:00pm—9:00pm _____ Girls Shot Put
 7:00pm—9:00pm _____ Boys Javelin
 7:00pm—9:00pm _____ Boys Long Jump

RUNNING EVENTS

5:30pm _____ Boys 3200m Run (Heat #2 Final)
 _____ Girls 3200m Run (Heat #2 Final)
 _____ Boys/Girls 400m Relay
 _____ Boys/Girls 100m/110m Hurdles
 _____ Boys/Girls 100m Dash
 _____ Boys 3200m Run (Heat #1 Final)
 _____ Girls 3200m Run (Heat #1 Final)
 _____ Boys/Girls 400m Dash
 _____ Boys/Girls 300m Hurdles
 _____ Boys/Girls 200m Dash

Saturday, March 31, 2018

7:45am _____ Field Judge Meeting
 8:00am _____ Equipment Weigh-In
 9:15am _____ Scratch Meeting
 9:35am _____ Coaches Meeting
 10:00am _____ Running Official Meeting

FIELD EVENTS

8:45am—11:15am _____ Girls Pole Vault
 8:45am—10:45am _____ Girls Triple Jump
 8:45am—10:45am _____ Girls Discus
 11:00am—1:00pm _____ Boys Triple Jump
 8:45am—10:45am _____ Boys High Jump
 11:00am—1:00pm _____ Boys Discus

RUNNING EVENTS (ALL FINALS)

10:45am _____ Boys/Girls 400m Relay
 _____ Boys/Girls 100m/110m Hurdles
 _____ Boys/Girls 100m Dash
 _____ Boys/Girls 1600m Run
 _____ Boys/Girls 800m Relay
 Break
 _____ Boys/Girls 400m Dash
 _____ Boys/Girls 300m Hurdles
 _____ Boys/Girls 800m Run
 _____ Boys/Girls 1600m Medley Relay
 _____ Boys/Girls 200m Dash
 Break
 _____ Boys/Girls 1600m Relay