

CROSS COUNTRY 2018
District 1-5A Championships

Date: **Friday, November 2, 2018 Coaches Meeting @ 4:00PM. Please E-Mail (villegas@aps.edu) Team Roster including runners full name and grade before November 1, 2018 @ 12:00pm.**

Place: Atrisco Heritage Academy High School Track
10800 Dennis Chavez SW

Directions: From I 40 East/West travel to 98th street exit and go south. At (Light end of 98th) Dennis Chavez go west and school is located on the 118th and Dennis Chavez.
From I 25 South/North travel to Rio Bravo exit and go west. Rio Bravo turns into Dennis Chavez and school is located on 118th and Dennis Chavez.
ENTRANCE TO THE SCHOOL IS OFF OF 118TH.

Schedule: Varsity Girls 4:15pm Varsity Boys 5:00pm

Course: <http://www.usatf.org/routes/view.asp?rID=592143>

Cautions: There will be traffic due to the release of school from the school next to AHA. Please have runners use caution when crossing the street on course. There will be traffic control for the race. Also, please be mindful of Snakes on the course.

Teams: Atrisco Heritage, Cibola, Cleveland, Rio Rancho and Volcano Vista

******Entries:** **Nine team members** will be allowed to run the race with only the top 7 used for scoring per the new NMAA rules. We will use the label system please have them ready with the following information
School Name – Athlete’s Full Name – Grade Level

Scoring: The first 5 runners will be scored for team purposes.
Fewer than 5 entries will be scored as individuals only.

State Qualifiers: **Boys & Girls: Top three (3) teams in each district plus top three (3) individual district meet finishers.**
***Note: All runners finishing in the top ten (10) at the district meet qualify for the State Championships regardless.**
There will be a short meeting after the meet to verify entries

Awards: Will take place after the boy’s race.

Teams may practice on Thursday, November 1st after 3:00pm ONLY

We look forward to your participation. If you have any questions, please call 505-243-1458 ext. 60162 or 505-280-5601