

**APS INVITATIONAL CROSS COUNTRY MEET
HOSTED BY HIGHLAND HIGH SCHOOL
FRIDAY - SEPTEMBER 20, 2019**

BULLHEAD PARK, SOUTH OF GIBSON ON SAN PEDRO SE

PLEASE PROVIDE A COMPLETE ROSTER WITH THE NAME OF EACH RUNNER THAT COULD RUN IN THE MEET **BY WEDNESDAY SEPTEMBER 18TH**.

DESIGNATE ALL RUNNERS AS MALE OR FEMALE.

**PLEASE EMAIL YOUR ROSTER OF RUNNERS TO
LOBOSAM@AOL.COM**

YOUR RACE PACKET CAN BE PICKED UP AT THE HIGHLAND TENT WHEN YOU ARRIVE AT THE MEET. THE PACKET WILL HAVE A ROSTER OF RUNNERS WITH AN ASSIGNED NUMBER FOR EACH RUNNER. YOU WILL BE ABLE TO ADD RUNNERS ON RACE DAY. (Not too many please!)

A MAP OF THE COURSE WILL BE PROVIDED.
NO COACHES MEETING. NO ASSIGNED LANES.

COLD DRINKS WILL BE AVAILABLE AT THE SCORING TENT FOR ALL COACHES.

SCHEDULE OF RACES

4:00 BOYS VARSITY	4:30 GIRLS VARSITY
5:00 BOYS OPEN	5:30 GIRLS OPEN
AWARDS AT 6:30 (approx.)	

THERE WILL BE A SNACK BAR NEXT TO THE SCORING TENT.

ANY QUESTIONS OR CONCERNS PLEASE CONTACT COACH ANDY MURRAY 480-2768. EMAIL: murray_a@aps.edu

THANK YOU FOR COMING TO THE MEET AND GOOD LUCK!