

CROSS COUNTRY

DISTRICT 5-5A

CHAMPIONSHIPS

HOSTED BY:
MANZANO HIGH SCHOOL

FRIDAY MARCH 19, 2021

NUSENDA COMMUNITY STADIUM
1601 ARROYO VISTA BLVD NW
ALBUQUERQUE, NM 87120

BOYS VARSITY - 4:00PM

GIRLS VARSITY - 4:30PM

HOST CONTACT INFORMATION

COACH VE HAR
VEHAR_J@APS.EDU
505-573-5235

District 5-5A Cross Country Championships
March 19, 2021
Nusenda Community Stadium

Time Schedule

3:15pm Coaches Meeting
4:00pm Boys Varsity
4:30pm Girls Varsity

Directions to Course

From the Big I (Intersection of I-40 and I-25), head west on I-40 towards Grants. Take 98th Street exit North which will become Arroyo Vista Blvd. Follow Arroyo Vista Blvd as street curves back to the West. Nusenda Community Stadium will be on your left.

Scoring - Maximum 5 runners per team

Top 4 runners score. 5th runner displaces, and is used as the tie-breaker
Individuals (representing team with fewer than 4 runners) will not factor into team scoring

State Qualifying

1st and 2nd place teams
1st, 2nd, and 3rd place individual runners not on a qualifying team

Please email a full roster to vehar_j@aps.edu

Athlete Full Name (please check spelling)
Athlete Gender
Athlete Grade Level

Include any athlete that might compete. You do not need to declare your final entry list. We just need everybody who could run, entered into the system ahead of time.
Athletes will be provided with a bib number, worn on the front of their jersey.

Scheduled Teams

Albuquerque High Los Lunas Manzano Rio Grande West Mesa

Course (see map included)

2.91 Miles
Mostly dirt, short sections of pavement.

Questions

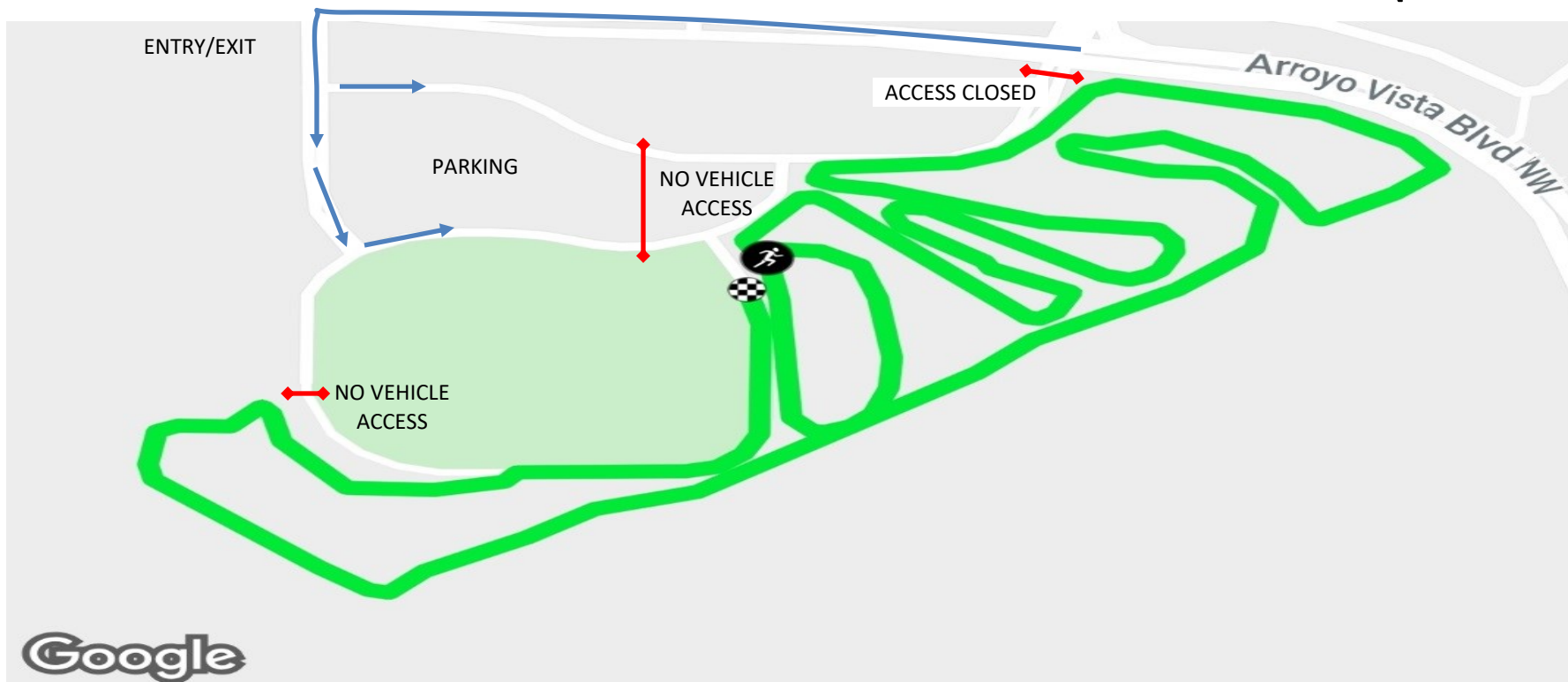
Email is best vehar_j@aps.edu

or 505-573-5235 (text or leave message)



APS Nusenda Community Cross Country Course

COURSE MAP 2020-2021 (Covid-19)



Distance

2.91 MI

APS
ATHLETICS
Great for Kids!

CROSS COUNTRY