

APS QUADRANGULAR TRACK & FIELD MEETS

Saturday Morning Quad Meets (COVID-19)

Participants

BOYS & GIRLS @ NUSENDA COMMUNITY STADIUM

Each APS Quadrangular Track & Field Meet can be found online at www.albuquerquequatermus.tandem.co and each team invited to a quadrangular meet has been invited through MileSplitNM.

Entries

Submit entries through MileSplitNM, www.nm.milesplit.com, by 9:00am the day prior to meet.

Format

Seeding of heats will be slowest to fastest, timed finals.

Lane assignments Curved races: 3-4-5-6-7-8-2-1

Straight races: 4-5-3-6-2-7-1-8

Field events will be 3 trials/finals open pit with time limit; the order will be lowest entry mark to highest entry mark. If no mark is given the participant will be placed before the lowest entry mark.

Time Schedule

Order of Events

7:30am _____ Field Judges & Officials Meeting
7:30am _____ Equipment Weigh-In
7:30am _____ Coaches Meeting
8:15am _____ Running Judges & Officials Meeting

FIELD EVENTS

8:00am—8:45am _____ Girls Javelin
8:00am—9:00am _____ Boys High Jump
8:00am—8:45am _____ Boys Shot Put
8:00am—9:30am _____ Girls Pole Vault
8:00am—9:30am _____ Boys & Girls Long Jump
8:45am—9:30am _____ Girls Shot Put
8:45am—9:30am _____ Boys Javelin
9:00am—10:00am _____ Girls High Jump
9:30am—11:00am _____ Boys Pole Vault
9:30am—10:15am _____ Girls Discus
9:30am—11:00am _____ Boys & Girls Triple Jump
10:15am—11:00am _____ Boys Discus

RUNNING EVENTS

8:45am _____ Start of Running Events/Rolling Schedule
1 Girls Heat _____ 1 Boys Heat _____ 3200m Run
1 Girls Heat _____ 1 Boys Heat _____ 400m Relay
2 Girls Heats _____ 2 Boys Heats _____ 100m/110m Hurdles
2 Girls Heats _____ 2 Boys Heats _____ 100m Dash
1 Girls Heat _____ 1 Boys Heat _____ 3200m Relay
1 Girls Heat _____ 1 Boys Heat _____ 800m Relay
2 Girls Heats _____ 2 Boys Heats _____ 400m Dash
2 Girls Heats _____ 2 Boys Heats _____ 300m Hurdles
1 Girls Heat _____ 1 Boys Heat _____ 800m Run
1 Girls Heat _____ 1 Boys Heat _____ 1600m Medley Relay
2 Girls Heats _____ 2 Boys Heats _____ 200m Dash
1 Girls Heat _____ 1 Boys Heat _____ 1600m Run
1 Girls Heat _____ 1 Boys Heat _____ 1600m Relay

APS
ATHLETICS
Great for Kids!